

# HEATHER TILSTRA

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## EXPERIENCE

**09/2022 – TO PRESENT**

**RN, BOZEMAN HEALTH DEACONESS REGIONAL MEDICAL CENTER**

Working as an RN in the Emergency Department. Training new staff and precepting students. On Morale Committee.

**05/2016 – TO PRESENT**

**RN, FRANCES MAHON DEACONESS HOSPITAL**

Trained to the Medical/Surgical floor, OB Labor and Delivery, and Emergency Department. Worked as a charge nurse. Precepted nursing students. Orientated nurses to the hospital. Involved as a superuser with new technology.

**05/2015 – 12/2015 DURING SCHOOL BREAKS**

**RN, PHILLIPS COUNTY HOSPITAL**

Improved nursing skills on small medical floor. Assisted other RNs in the ER.

**01/2015 – 05/2016**

**NURSING TUTOR, UNIVERSITY OF MONTANA TECH**

Mentored beginning and advanced nursing students.

**05/2014 – 01/2015 DURING SCHOOL BREAKS**

**UAP, HI-LINE RETIREMENT CENTER**

Started learning nursing and assessment skills. Main focus on medication passes.

**05/2011 – 12/2013 DURING SCHOOL BREAKS**

**CNA, HI-LINE RETIREMENT CENTER**

Began my health care career assisting nursing home residents with ADLS.

## EDUCATION

**MAY 2016**

**BACHELOR OF SCIENCE NURSING, UNIVERSITY OF MONTANA TECH**

3.98 GPA Graduated with High Honors

**MAY 2015**

**ASSOCIATES OF SCIENCE NURSING, UNIVERSITY OF MONTANA TECH**

Graduated with High Honors

Awarded Outstanding Achievement in the Associate Nursing Department

## **CERTIFICATIONS**

- BLS
- ACLS
- PALS
- TNCC
- ENPC
- NRP
- STABLE