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## Dr. Mick Lifson Returns to Ruby Valley Medical Clinic to Provide Specialist Gynecology Care

Dr. Lifson is seeing gynecology referral patients monthly at the Sheridan Clinic

## FOR IMMEDIATE RELEASE

Sheridan, Montana (February 22, 2019) – Dr. Michael "Mick" Lifson is pleased to be returning to the Ruby Valley as a visiting specialist at the Ruby Valley Medical Clinic in Sheridan where he will see women referred for gynecological health care issues. The Ruby Valley Medical Center is pleased that Dr. Lifson is be available to expand the breadth of health care services at the Clinic. The current plan is for Dr. Lifson to see patients at the Clinic once a month.

From 2010 to 2016, Dr. Lifson was a regular visiting specialist at the Sheridan Clinic of the Ruby Valley Hospital. Unfortunately, as the Clinic's practice expanded, examination and consultation space was not adequate for visiting specialists. With the recent construction of the Ruby Valley Medical Center, visiting specialists have their own office and exams rooms adjacent to the Clinic. "It's a pleasure coming back!" says Lifson.

Presently, Dr. Lifson is a gynecologist at Barrett Hospital & HealthCare in Dillon, where he sees gynecology consultation patients and is lead physician for the surgery/anesthesia department. As a member of the University of Washington's Clinical Gynecology Department, Dr. Lifson also trains medical students and residents at Barrett Hospital & HealthCare. "As part of their commitment to providing exceptional clinical quality, patient safety and service, Barrett & HealthCare is a teaching facility. Medical students and residents rotate through Dillon and I train them in gynecology," says Lifson. He also spends two days a month seeing gynecology

patients at Madison Valley Medical Center in Ennis. A resident of Bozeman, Dr. Lifson is on the road extensively but he really enjoys supporting rural hospitals and providing specialist services. Lifson exclaims, "The traveling gynecologist!"

Dr. Lifson recertifies his credentials annually with the American College of Obstetrics and Gynecology; however, he only provides care in gynecology. Lifson explains, "In a lot of small rural towns, the family practice doctor also has OB training. They're FP/OB. So when I go to Ennis, Sheridan and Dillon, I'm strictly a gynecologist. I am there for gynecology consults. The typical scenario is the primary care provider will evaluate the patient and, if they deem it appropriate, they will send a referral and I am seeing the patient for a specific gynecological problem." Often the referrals are for issues such as urinary incontinence, post-menopausal hormone replacement therapy, pelvic organ relaxation, problems with menses, or evaluation of an abnormal pap smear. He consults with women who have a family history of breast cancer, genetic counseling concerns and provides the initial work-up for infertility. Dr. Lifson also provides health care for adolescent gynecological problems such menstrual irregularities, acne and polycystic ovarian syndrome.

Dr. Lifson attended medical school and did his OB/GYN residency at the University of Maryland in Baltimore. His medical career started in private practice in Baltimore and training residents at Johns Hopkins. Dr. Lifson moved to Bozeman with his wife, Holly, twelve years ago. He started a private practice in Bozeman but decided it was simpler to offer health care through rural hospitals. Dr. Lifson was co-chief of staff at Barrett Hospital & HealthCare for two years. He served for five years on the boards of the Cancer Support Community in Bozeman and the Women's Resource Center in Dillon for five years. Throughout his career, Dr. Lifson has been guided by the philosophy of listening to and caring for his patients.

The Montana lifestyle suits Dr. Lifson's recreational pursuits. He's an avid fly fisherman, downhill and cross-country skier and photographer.

Dr. Lifson's next visit to the Ruby Valley Medical Center will be in the afternoon of Wednesday, March 13<sup>th</sup>. If you would like to arrange an appointment for a consultation, please call (406) 842-5056.

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About the Ruby Valley Medical Center

The Ruby Valley Medical Center is a critical access hospital and Montana designated trauma receiving facility serving Sheridan, Twin Bridges, Alder, Laurin, Silver Star, Virginia City, Nevada City and Waterloo. The Medical Center offers 5 in-patient beds, diagnostic imaging, laboratory, physical therapy, speech language pathology, swing bed, 24 hour emergency care and a highly qualified nursing staff. Our healthcare providers support patients through the Ruby Valley Medical Center and the clinic in Twin Bridges. The Ruby Valley Medical Center also provides mobile emergency medical services through Ruby Valley Emergency Medical Services. The Ruby Valley Medical Center receives financial support from the Ruby Valley Healthcare Foundation and the Ruby Valley Medical Center Auxiliary.

Attached photo: mLifsonGYN.jpg

Caption: Dr. Mick Lifson returns to the Visiting Specialist Clinic at the Ruby Valley Medical Center.

