




NICOLETT BUTLER

FUNCTIONAL HEALTH NURSE

CONTACT

-  334-796-8085
 -  nicky@wildlywhole.org
 -  Saint Clair, MO / Open to travel
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SKILLS

organization
discipline
communication
critical thinking
system development

EDUCATION

Health Nutrition Coach
Institute of Integrative Nutrition
2021-2022

B.S. Nursing
The University of Alabama
2016-2017

A.S. Nursing
Wallace Community College
2014-2016

B.S. Business Management
Troy University
2007-2011

EXTRAS

Arete Syndicate | Sept. 2020
Leadership Dothan | 2013
Daisy Award Recipient | July 2021

PROFILE

Client advocate committed to holistic human care. Accustomed to fast-paced healthcare environments demanding strong technical, organizational, and interpersonal skills. Experienced in serving diverse patient populations in multiple hospital settings ranging from Level 1 trauma centers to critical access facilities across America. Trustworthy, ethical, and discreet professional committed to integrity. Lifelong learner. Passionate about growth & winning at life. Specialized in problem solving & system implementation.

WORK EXPERIENCE

Functional Health Nurse

Wildly Whole Functional Health & Wholeness March 2021-Present

- Facilitate the process of change within the clients' desired setting.
- Provide support & accountability for goal setting.
- Empower clients to take control of their health
- Develop a structure for organization fulfilling clients' desired outcome
- Complete survey of primary foods with client to development health plan
- Engage in behavioral interviewing with clients to develop healthy habits
- Provide individualized nutrition & fitness plans
- Facilitate personal training sessions with clients

Registered Nurse | ICU & Progressive Care Units

Multiple hospitals & travel agencies 2016-2023

- Assess patient conditions while planning and implementing patient care plans.
- Identify opportunities for patient care improvements and collaborate with appropriate staff to implement changes.
- Observe and record patient vital signs; ensure that ventilators, monitors and other types of medical equipment function properly.
- Start and monitor IV catheters; administer intravenous fluids and medications; insert and monitor patient tubes and drains, including but not limited to: urinary catheters, FMD, varying types of gastric tubes, JP drains, PICO drains, wound vacs, lumbar drains, and EVDs. Prevent and manage wounds. .
- Provide education regarding diagnosis, disease processes, medications, and plans of care for patients and families.
- Perform advanced cardiac life support and other stabilizing, life-saving interventions.

Executive Assistant

CapSouth Partners 2008-2010

- Assist senior leadership in all tasks pertaining to company day-to-day activities.
- Communicate with vendors pertaining to needs of company
- Engage with all clients & submit performance feedback to leadership team
- Manage CRM software for employees, clients, & vendors
- Accounts Payable/ Receivables